1. Basic Specification

| Calibre | 0 S00 |
| :---: | :---: |
| Ligne | $131 / \mathbf{2}^{\prime \prime \prime}$ |
| Overall diameter | $\Phi 30.8 \mathrm{~mm}$ |
| Case fitting diameter | $\Phi 29.0 \mathrm{~mm}$ |
| Total height | 5.10 mm |
| Date | O |
| Day | O |
| Battery Life | Approx.5years |
| Battery | *1 hour chronograph operation per day |

< Time Standard >
Type of quartz: Tuning fork type quartz crystal
Frequency: 32,768Hz
Accuracy : $\pm 20$ second / month worn under normal circumstances
<Balanceable weight of hand>
Minute hand Max. $0.4 \mu$ N.m
Center Chrono Second hand Max. $0.11 \mu$ N.m
Other small hands Max. $0.02 \boldsymbol{\mu N} . \mathrm{m}$
< Function >
Chronograph $1 / 1 \mathrm{sec}$. basis (Up to 11 hour. 59 min .59 sec .)
Powercell Saving Reset Mechanism(PSRM)
Over-loading Compensation Device(OLCD)
Digital Frequency Control(DFC) for time adjustment


## 2. Separated Parts

| Setting stem | $065-453 \times 1$ |
| :--- | :---: |
| Length trom movement <br> center to far end of <br> setting stem | 23.00 mm |
| Thread | $\Phi 0.9 \mathrm{~mm} \times 8.50 \mathrm{~mm}$ |

## 3. Others

## * Measurement of time rate

The unit(gate) time of measurement must be set at " 10 sec ." or integer fold value of 10 sec . Owing to the DFC system, and the measurement must be performed in the form of complete watch.

* Marking on movement

$$
\begin{gathered}
\text { JAPAN } \\
\text { MIYOTA CO. } \\
\text { OS00 } \\
\text { NO JEWELS }
\end{gathered}
$$

* Typical clearance

Mov't - Caseback minimum 150 microns
Top of hands - Glass 300-400 microns *

* subject to the glass, case structure, and the length of hand


## 4. Instruction Manual



## A) SETTING THE TIME

1. Pull the crown out to the 2 nd Click Position.
2. Turn the crown to set hour and minute hands.
3. After the time has been set, push the crown back to the Normal position.

## B) SETTING THE DATE

1. Pull the crown out to the 1st Click Position.
2. Turn the crown anti-clockwise to set the date.

* If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on the following day.

3. After the date has been set, push the crown back to the Normal position.

## C) SETTING THE DAY

1. Pull the crown out to the 1st Click Position.
2. Turn the crown clockwise to set the day.

* If the day is set between the hours of around 11:15 PM and 6:00 AM, the day may not change or the following day.

3. After the day has been set, push the crown back to the Normal position.

## D) USING THE CHRONOGRAPH

This chronograph is able to measure and display time in $1 / 1$ second united up to maximum 11 hour, 59 minutes and 59 seconds.

## 【Measuring time with the chronograph】

1. Press button " A " to start the chronograph.
2. The chronograph can be started and stopped each time button " A " is pressed.
3. Pressing button " B " resets the chronograph and chronograph hands return to their Zero positions.


## E) CHRONOGRAPH RESET (INCL. AFTER REPLACING BATTERY

This procedure shoud be performed when the chronograph second hand does not return to the Zero position.

1. Pull the crown out to the 2 nd Click Position.
2. Press the button "A" once to set the chronograph second hand to the Zero position.

* The chronograph hour and minutes hands are syncronized with chronograph second hand
* The chronograph second hand can be advanced one scale by pressing button "A" once.
* The chronograph second hand can be advanced rapidly by continuously pressing button "A".

3. Once the hands been zeroed, reset the time and return the crown to its normal position.

* Do not return crown to normal position while chronograph second hand return to 12:00 (ZERO) position.
Hand stops on the way when crown are returned to normal position and these positions are recognized as 12:00 (ZERO) position.

These specifications might be changed without prior notice.

## CITIZEN WATCH CO.,LTD.

